



**MINDFOOD WHEEL WORDS**

Create words of four letters or more using the given letters once only, but always including the centre letter. Do not use proper names or plurals. See if you can find the nine-letter word using up all letters.

**SOLUTION**

- |       |         |
|-------|---------|
| ALAS  | LASER   |
| CLAN  | LATER   |
| EARL  | LEANT   |
| LACE  | LEARN   |
| LANE  | LEAST   |
| LAST  | NASAL   |
| LATE  | NATAL   |
| LEAN  | RENAL   |
| LENT  | SCALE   |
| REAL  | SLANT   |
| SALE  | SLATE   |
| SALT  | SNARL   |
| SEAL  | STALE   |
| SLAT  | STEAL   |
| TALC  | ANTLER  |
| TALE  | ASTRAL  |
| ALERT | CASTLE  |
| ALTAR | CLARET  |
| ALTER | RASCAL  |
| ATLAS | ARSENAL |
| CANAL | CENTRAL |
| CLEAN | SCARLET |
| CLEAR |         |
| LANCE |         |

**NINE-LETTER WORD**

ANCESTRAL

**SUDOKU**

Rating ★☆☆☆

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 8 | 6 | 4 | 7 | 3 | 9 | 2 | 5 | 1 |
| 9 | 1 | 5 | 8 | 2 | 4 | 3 | 6 | 7 |
| 7 | 2 | 3 | 1 | 5 | 6 | 4 | 9 | 8 |
| 5 | 8 | 6 | 3 | 4 | 2 | 1 | 7 | 9 |
| 3 | 4 | 9 | 6 | 1 | 7 | 5 | 8 | 2 |
| 2 | 7 | 1 | 9 | 8 | 5 | 6 | 3 | 4 |
| 6 | 3 | 2 | 4 | 7 | 8 | 9 | 1 | 5 |
| 4 | 9 | 7 | 5 | 6 | 1 | 8 | 2 | 3 |
| 1 | 5 | 8 | 2 | 9 | 3 | 7 | 4 | 6 |

Rating ★★★☆

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 8 | 9 | 2 | 1 | 4 | 6 | 3 | 7 | 5 |
| 1 | 5 | 7 | 3 | 2 | 9 | 6 | 4 | 8 |
| 6 | 3 | 4 | 7 | 8 | 5 | 1 | 2 | 9 |
| 3 | 8 | 1 | 2 | 5 | 7 | 9 | 6 | 4 |
| 5 | 7 | 6 | 9 | 1 | 4 | 2 | 8 | 3 |
| 2 | 4 | 9 | 6 | 3 | 8 | 5 | 1 | 7 |
| 4 | 6 | 8 | 5 | 9 | 2 | 7 | 3 | 1 |
| 7 | 1 | 5 | 4 | 6 | 3 | 8 | 9 | 2 |
| 9 | 2 | 3 | 8 | 7 | 1 | 4 | 5 | 6 |

**FIND-A-WORD**

**MERYL STREEP**

Considered by many to be one of the greatest actresses ever, Meryl Streep has starred in all the listed films. Work out the missing part of each title and cross this off in the grid of letters. The leftover letters will spell out two of her high school achievements.

|   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| C | B | S | P | R | I | N | G | S | H | S | N | F |
| D | R | E | E | C | I | O | H | C | D | C | O | R |
| E | E | E | C | E | W | O | R | R | L | O | S | E |
| T | V | T | E | O | U | O | A | A | K | M | I | N |
| A | D | A | S | M | C | O | R | E | P | D | C |   |
| C | R | R | E | D | T | E | A | D | A | A | A | H |
| I | W | O | N | S | I | M | S | D | S | N | M | U |
| L | F | E | O | S | E | D | U | C | T | I | O | N |
| P | E | P | A | R | B | J | N | A | H | O | O | T |
| M | M | G | E | R | U | M | M | A | C | N | O | E |
| O | F | M | A | L | S | M | A | I | C | N | G | R |
| C | O | Q | I | S | A | U | E | L | N | O | R | I |
| E | X | A | N | M | O | G | N | I | C | N | A | D |

**ANSWERS**

- A Prairie Home Companion
  - August: Osage County
  - Dancing At Lughnasa
  - Death Becomes Her
  - Fantastic Mr Fox
  - Hope Springs
  - Into The Woods
  - It's Complicated
  - Julie & Julia
  - Kramer Vs Kramer
  - Lions For Lambs
  - Mamma Mia!
  - Postcards From The Edge
  - Sophie's Choice
  - The Bridges Of Madison County
  - The Deer Hunter
  - The Devil Wears Prada
  - The French Lieutenant's Woman
  - The House Of The Spirits
  - The Iron Lady
  - The Manchurian Candidate
  - The River Wild
  - The Seduction Of Joe Tynan
- SOLUTION**  
CHEERLEADER AND HOMECOMING QUEEN

Rating ★★☆☆

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 4 | 9 | 8 | 6 | 3 | 1 | 2 | 5 | 7 |
| 1 | 7 | 2 | 5 | 9 | 4 | 6 | 3 | 8 |
| 5 | 3 | 6 | 8 | 2 | 7 | 1 | 9 | 4 |
| 6 | 2 | 1 | 3 | 8 | 5 | 4 | 7 | 9 |
| 3 | 4 | 5 | 9 | 7 | 2 | 8 | 1 | 6 |
| 9 | 8 | 7 | 1 | 4 | 6 | 5 | 2 | 3 |
| 8 | 6 | 9 | 2 | 1 | 3 | 7 | 4 | 5 |
| 2 | 5 | 4 | 7 | 6 | 9 | 3 | 8 | 1 |
| 7 | 1 | 3 | 4 | 5 | 8 | 9 | 6 | 2 |

Rating ★★★★★

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 5 | 7 | 3 | 2 | 1 | 4 | 9 | 6 | 8 |
| 4 | 6 | 8 | 5 | 7 | 9 | 2 | 1 | 3 |
| 9 | 2 | 1 | 8 | 6 | 3 | 7 | 4 | 5 |
| 7 | 5 | 9 | 6 | 8 | 1 | 4 | 3 | 2 |
| 1 | 3 | 2 | 4 | 9 | 7 | 8 | 5 | 6 |
| 6 | 8 | 4 | 3 | 5 | 2 | 1 | 7 | 9 |
| 2 | 9 | 7 | 1 | 3 | 6 | 5 | 8 | 4 |
| 3 | 4 | 5 | 7 | 2 | 8 | 6 | 9 | 1 |
| 8 | 1 | 6 | 9 | 4 | 5 | 3 | 2 | 7 |

**FIND-A-WORD**

**AS SIMILES**

As quick as a flash, work out all the words needed to complete these similes and cross them off where you find them in the grid. We hope completing the puzzle leaves you feeling like the simile spelled out by the leftover letters.

|   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| R | A | F | E | A | T | H | E | R | E | A | S | Y |
| E | D | Y | R | E | P | P | I | L | S | P | T | F |
| T | G | L | S | U | R | E | T | T | A | H | R | S |
| A | H | C | O | N | I | S | L | N | H | E | O | I |
| W | O | E | E | G | I | T | C | T | E | R | N | L |
| H | S | Y | F | H | U | A | C | S | N | A | G | E |
| S | T | A | W | E | K | R | L | A | L | E | S | N |
| I | E | O | K | E | Y | C | A | P | K | I | G | T |
| D | G | A | O | S | S | A | I | N | W | E | A | D |
| D | R | S | T | M | U | N | B | U | I | E | A | N |
| O | A | A | S | E | S | U | O | H | Q | G | M | I |
| D | L | O | C | U | C | U | M | B | E | R | U | L |
| O | L | D | B | O | O | T | S | O | L | I | D | B |

**ANSWERS**

- As blind as a bat
- As clean as a whistle
- As clear as crystal
- As cold as ice
- As cool as a cucumber
- As dead as a dodo
- As deaf as a post
- As dull as dishwater
- As easy as pie
- As flat as a pancake
- As free as a bird
- As gentle as a lamb
- As good as gold
- As hard as nails
- As large as life
- As light as a feather
- As mad as a hatter
- As nutty as a fruitcake
- As plain as day
- As quick as a wink
- As safe as houses
- As silent as the grave
- As slippery as an eel
- As smooth as silk
- As snug as a bug in a rug
- As solid as a rock
- As strong as an ox
- As thin as a rake
- As tough as old boots

**SUDOKU**

Rating ★☆☆☆

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 7 | 6 | 2 | 8 | 1 | 3 | 9 | 4 | 5 |
| 1 | 9 | 5 | 4 | 6 | 2 | 8 | 3 | 7 |
| 8 | 4 | 3 | 5 | 7 | 9 | 6 | 1 | 2 |
| 3 | 1 | 7 | 9 | 2 | 8 | 5 | 6 | 4 |
| 9 | 5 | 6 | 1 | 4 | 7 | 2 | 8 | 3 |
| 2 | 8 | 4 | 6 | 3 | 5 | 7 | 9 | 1 |
| 5 | 7 | 1 | 3 | 9 | 6 | 4 | 2 | 8 |
| 4 | 2 | 9 | 7 | 8 | 1 | 3 | 5 | 6 |
| 6 | 3 | 8 | 2 | 5 | 4 | 1 | 7 | 9 |

Rating ★★★☆

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 7 | 1 | 9 | 2 | 6 | 3 | 5 | 4 | 8 |
| 3 | 2 | 6 | 5 | 4 | 8 | 1 | 9 | 7 |
| 5 | 8 | 4 | 1 | 9 | 7 | 3 | 2 | 6 |
| 2 | 6 | 5 | 9 | 3 | 1 | 7 | 8 | 4 |
| 4 | 7 | 1 | 8 | 2 | 5 | 9 | 6 | 3 |
| 8 | 9 | 3 | 6 | 7 | 4 | 2 | 1 | 5 |
| 9 | 5 | 7 | 4 | 1 | 6 | 8 | 3 | 2 |
| 1 | 4 | 8 | 3 | 5 | 2 | 6 | 7 | 9 |
| 6 | 3 | 2 | 7 | 8 | 9 | 4 | 5 | 1 |

Rating ★★☆☆

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 3 | 7 | 1 | 2 | 9 | 5 | 4 | 8 | 6 |
| 5 | 2 | 9 | 4 | 8 | 6 | 7 | 1 | 3 |
| 8 | 4 | 6 | 1 | 7 | 3 | 5 | 2 | 9 |
| 1 | 3 | 2 | 7 | 5 | 8 | 6 | 9 | 4 |
| 9 | 5 | 4 | 6 | 3 | 2 | 1 | 7 | 8 |
| 7 | 6 | 8 | 9 | 1 | 4 | 2 | 3 | 5 |
| 2 | 1 | 5 | 3 | 4 | 9 | 8 | 6 | 7 |
| 4 | 9 | 7 | 8 | 6 | 1 | 3 | 5 | 2 |
| 6 | 8 | 3 | 5 | 2 | 7 | 9 | 4 | 1 |

Rating ★★★★★

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 1 | 9 | 5 | 8 | 7 | 6 | 2 | 4 | 3 |
| 7 | 4 | 2 | 3 | 1 | 9 | 6 | 8 | 5 |
| 8 | 6 | 3 | 4 | 5 | 2 | 7 | 9 | 1 |
| 5 | 7 | 4 | 2 | 8 | 1 | 3 | 6 | 9 |
| 3 | 2 | 6 | 9 | 4 | 5 | 8 | 1 | 7 |
| 9 | 8 | 1 | 6 | 3 | 7 | 5 | 2 | 4 |
| 4 | 5 | 7 | 1 | 2 | 8 | 9 | 3 | 6 |
| 6 | 1 | 8 | 7 | 9 | 3 | 4 | 5 | 2 |
| 2 | 3 | 9 | 5 | 6 | 4 | 1 | 7 | 8 |

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**SOLUTION**

- |       |         |
|-------|---------|
| DELI  | IDLED   |
| DIED  | IDLER   |
| DIRE  | ODDER   |
| DOER  | OILED   |
| DOLE  | OLDER   |
| DREW  | REDID   |
| IDLE  | RILED   |
| IDOL  | ROWED   |
| LEWD  | WEIRD   |
| LIED  | WIDER   |
| LODE  | WIDOW   |
| LORD  | WIELD   |
| OWED  | WIRED   |
| REDO  | WORLD   |
| RIDE  | WOWED   |
| RODE  | RIDDLE  |
| WELD  | WEIRDO  |
| WIDE  | WILDER  |
| WILD  | WORDED  |
| WORD  | DOWDIER |
| DOLED | WIDOWED |
| DOWEL | WIDOWER |
| DRIED |         |

**NINE-LETTER WORD**

WORLDWIDE

